

Kent Adoption Conference 2018

Trauma-informed therapeutic interventions: Supporting children who have been adopted & who are looked after

Friday 23
March
2018
9:00 – 16:30

Oakwood House, Oakwood Park, Maidstone, Kent, ME16 8AE

Aims: A better understanding of childhood trauma, networking, practical tips on supporting adopted children & children in care and exploring evidence-based models of therapeutic support

Registration begins at 9:00 for a 9:30 start.

Speakers include:

Professor Eamon McCrory



Eamon McCrory is Director of Postgraduate Studies at the Anna Freud Centre, a Professor of Developmental Neuroscience and Psychopathology at UCL and a Consultant Clinical Psychologist.

At the Anna Freud Centre Eamon oversees a portfolio of seven UCL postgraduate programmes, and acts as Course Director for the MRes in Developmental Neuroscience and Psychopathology, offered in collaboration with Yale University. His research uses brain imaging in an effort to understand how early adversity can embed latent vulnerability to mental health problems across the lifespan - as well as to understand those factors associated with resilience and recovery.

Louise Bomber



Louise Bomber is qualified as both a specialist teacher and a therapist. Louise is the author of many articles and the very popular book 'Inside I'm Hurting'; Louise also wrote 'What About Me?' and contributed to the book 'Teenagers & Attachment'. She has co-authored 'Settling Troubled Pupils to Learn: Why Relationships Matter in School' with Dan Hughes. Louise contributed to a specialist family law book 'Capacity to Change' outlining what needs to be considered for traumatised children and their lives in school. More recently she has written the 'Attachment Aware Schools Series - Bridging the gap for troubled pupils' to support schools to create effective small teams around pupils - Team Pupil.

Dr Georgie Siggers



Dr Siggers has been working as a paediatrician, specialising in neurodevelopment since 2001. Dr Siggers is a member of the Royal College of Paediatrics and Child Health (RCPCH) and an executive and council member of the British Association of Community Child Health (BACCH), editor of the BACCH Magazine, member of the British Paediatric Mental Health Group and member of the George Still Forum for ADHD.

Post Adoption Support Team

In the 2017 Ofsted inspection, Ofsted rated the quality of the teams work as excellent. Stating "There is an effective and innovated range of options and services provided by a multidisciplinary team under partnership arrangements." The team was awarded the Excellence in Adoption Practice Award for the specialist support that they provide to families formed through adoption.

Conference 2018

Friday 23rd March | 9:00 to 16:15

9:00 **Registration, exhibition(s) and networking**

9:30 **The voice of the child – ‘When I was 6 years old’** - Introduced by Jake Rose

9:35 **Welcome** Sarah Hammond – Director of Children’s Services; KCC and Shellina Prendergast - County Councillor for Maidstone, Rural East and Deputy Cabinet Member for Children, Young People and Education.

9:45 **Chairman’s introduction** – Nick Johannsen

9:50 **Maltreatment & Trauma: The effects of an adopted child’s development and future trajectories** Eamon McCrory; Professor of Developmental Neuroscience and Psychopathology at UCL

10:50 **Question & Answer session**

11:00 **Refreshments, networking and exhibition**

11:20 **What do maltreatment, trauma and genetic risk mean in the now: raising awareness of neuro-development disorders in adopted children?** Dr Siggers; Consultant Paediatrician

11:50 **Question & Answer session**

12:00 **Lunch, networking & exhibition**

13:00 **The Human Bridge Towards Recovery** - Louise Bomber; Strategic Attachment Lead Teacher & Therapist, and Certified DDP Practitioner.

Settling Children who have experienced relational trauma and loss to Learn.

14:00 **Question & Answer session**

14:20 **Trauma and attachment focused interventions - case examples**

Sensory and co-regulation presentation with

- Jo Brett Consultant Occupational therapist
- Samantha Thompson – Systemic Family Therapist
- Jo Padgham – adoptive parent
- Jonathan Mansfield-Clarke

15:00 **Refreshments, networking and exhibition**

15:20 **Fast feet forward – a complex trauma protocol**

- Dr Ana Draper – Systemic and EMDR therapist
- Claire Poulter – Adoptive parent
- Oliver Jeffery – Adoptive parent

16:00 **Question & Answer session**

16:20 **The voice of the child: ‘Thank-you for not understanding’**

16:25 **Closing remarks & summary**